

People you can speak to

Cheshire West and Chester Adoption Support Team

Floor Two, Wyvern House
The Drummer, Winsford
Cheshire CW7 1AU

Tel No: 01606 275679

Comments, compliments and complaints

Cheshire West and Chester Council
Solutions Team
HQ, 58 Nicholas Street
Chester CH1 2NP

Tel No: 0300 123 8 123

The Children's Society in Cheshire

Advocacy Service
Unit 1 Theatre Court
London Road, Northwich
Cheshire CW9 5HB

Freephone: 08000 546 530

Chester West & Chester Council

Hello

Your Guide to Adoption Support



You might have lots of different questions that we will try to answer

Children have lots of different feelings.
They can be happy and excited.

Sometimes they can be confused,
sad or lonely or worried.



Sometimes children hide these feelings but it is good to talk about them.

Can you name these feelings?



.....



.....



.....



.....



.....



.....

Feelings WORDSEARCH



Try and find the feelings words we've hidden.

N	C	O	N	F	U	S	E	D	A	V	C
F	A	R	A	P	C	E	U	P	L	N	T
G	L	O	N	F	P	L	E	A	S	E	D
H	M	E	B	H	O	F	D	F	Y	U	P
S	U	E	S	A	D	R	T	S	V	A	C
T	I	Y	C	P	L	Z	A	W	N	E	N
E	S	H	X	P	O	C	R	O	S	S	K
F	C	B	S	Y	V	A	X	R	E	Y	G
H	A	N	G	R	Y	W	A	R	D	N	L
A	R	L	K	U	O	V	Y	I	L	G	A
P	E	B	E	X	C	I	T	E	D	B	D
U	D	E	W	D	S	H	W	D	A	H	U

- ★ CALM
- ★ CONFUSED
- ★ CROSS
- ★ EXCITED
- ★ GLAD
- ★ HAPPY
- ★ PLEASED
- ★ SAD
- ★ SCARED
- ★ WORRIED

Who are the Adoption Support Team?

Our job is to help children who are adopted. We work with lots of children like you.



The 'Adoption Support Team' is made up of social workers and adoption support workers.

What do you do?

We do lots of different things. Here are some of the things we do:

We may meet with you to talk about your worries or to help you understand a little more about your past. (this is called 'Life Story Work'). We can look at any questions you may have. We might do this by talking, drawing or playing games.

We might talk to your parents too, to help them be the best parents they can be.

We have groups for you to meet with other adopted children and have lots of fun. We also have family fun days twice a year.

We have a newsletter with special children's pages in just for you.

It is important to us to
KNOW HOW YOU ARE FEELING

Could you use this space
to draw your face now?



When we meet we will check with you that you
are happy with the help you are getting from
the Adoption Support Team.

If you have any
questions please write
them here

Thank you